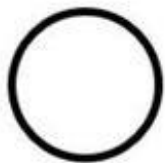
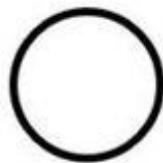


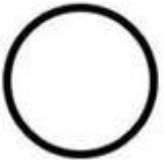
CREATE YOUR OWN COLOUR CODE (Chapter Three)



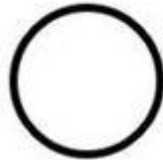
tired



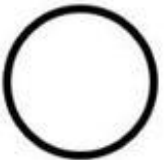
discomfort



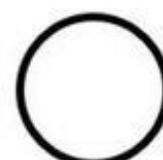
tense



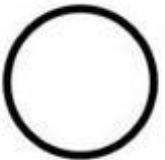
heavy



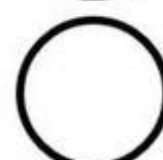
pain



foggy



dizzy



numb

